

# Follow Your Dreams Running Sheet Bridgend 2025

March 29

Sony Theatre Bridgend College. Cowbridge Road, Bridgend, CF31 3DF

Judge Sarah Stenhouse Kerr

Please be sure you are ready at least 60 min before your set time as we can run early.

Doors open at 8am not before this is when the venue opens so please come ready.

Please make sure your solo is within the time limits: 2min for Junior solos and 2.5 min for senior Solos. Penalties will apply if it's over.

Professional photos will be taken at the comp.

Competitors are free entry, as are your family (no audience entry fees).

Please upload music under the music tab in our system by March 26 [www.fydentry.com](http://www.fydentry.com)

Free downloadable programme will be emailed to solo entrants 3 days before the comp.

FYD Merchandise on sale at the competition.

Limited dressing room space, no rolling duffel-type bags, please, unless you have 3 or more solos shared per studio.

No changes are possible please don't ask !!

Section times are as follows, numbers in brackets indicate number of competitors in each section.

## Session 1 - Saturday 29th March

8:45am Lyrical (No Tricks) Solo (5 years and under) (1)	1:10pm Song & Dance Solo (15 years and under) (1)
8:48am Lyrical (No Tricks) Solo (9 years and under) (4)	1:13pm Song & Dance Solo (Open) (1)
8:56am Lyrical (No Tricks) Solo (11 years and under) (2)	1:16pm Contemporary Solo (13 years and under) (1)
9:00am Lyrical Solo (11 years and under) (1)	1:19pm Contemporary Solo (Open) (5)
9:03am Ballet / Classical (5 years and under) (1)	1:32pm Vocal (Any Style) Solo (15 years and under) (1)
9:06am Contemporary Solo (9 years and under) (1)	1:35pm Vocal (Any Style) Solo (Open) (2)
9:09am Contemporary Solo (11 years and under) (1)	1:40pm Open Solo (15 years and under) (1)
9:12am Vocal (Any Style) Solo (9 years and under) (1)	1:43pm Open Solo (Open) (2)
9:15am Vocal (Any Style) Solo (11 years and under) (1)	1:48pm Acro Solo (13 years and under) (3)
9:18am Own Choreography Solo (11 years and under) (2)	1:56pm Acro Solo (15 years and under) (1)
9:22am Jazz Solo (7 years and under) (2)	1:59pm Acro Solo (Open) (1)
9:26am Jazz Solo (9 years and under) (1)	2:02pm Street / Commercial (13 years and under) (4)
9:29am Jazz Solo (11 years and under) (3)	2:12pm Street / Commercial (15 years and under) (3)
9:35am Jazz (No Tricks) Solo (5 years and under) (1)	2:20pm Street / Commercial (Open) (4)
9:38am Jazz (No Tricks) Solo (7 years and under) (2)	2:30pm Own Choreography Solo (13 years and under) (1)
9:42am Jazz (No Tricks) Solo (9 years and under) (3)	2:33pm Own Choreography Solo (Open) (2)
9:48am Jazz (No Tricks) Solo (11 years and under) (3)	2:38pm Champion Dancer (Open) (3)
9:54am Broadway Jazz / Musical Comedy Solo (7 years and under) (2)	2:46pm Awards. Top 5 soloists and highest Scoring Solos, Champ Dancer results
9:58am Broadway Jazz / Musical Comedy Solo (9 years and under) (3)	3:01pm Jazz Duo/Trio (7 years and under) (1)
10:04am Broadway Jazz / Musical Comedy Solo (11 years and under) (2)	3:06pm Jazz Duo/Trio (9 years and under) (1)
10:08am Tap Solo (9 years and under) (1)	3:11pm Jazz Duo/Trio (12 years and under) (1)
10:11am Tap Solo (11 years and under) (1)	3:16pm Broadway Jazz Duo/Trio (12 years and under) (2)
10:14am Song & Dance Solo (5 years and under) (2)	3:21pm Street/Commercial Duo/Trio (9 years and under) (1)
10:20am Song & Dance Solo (7 years and under) (1)	3:26pm Street/Commercial Duo/Trio (12 years and under) (2)
10:23am Song & Dance Solo (9 years and under) (3)	3:31pm Lyrical Duo/Trio (12 years and under) (2)
10:32am Song & Dance Solo (11 years and under) (1)	3:36pm Acro Duo/Trio (12 years and under) (4)
10:35am Song & Tap Solo (5 years and under) (1)	3:51pm Jazz Duo/Trio (14 years and under) (2)
10:38am Acro Solo (9 years and under) (2)	3:56pm Jazz Duo/Trio (Open) (3)
10:42am Acro Solo (11 years and under) (8)	4:06pm Broadway Jazz Duo/Trio (14 years and under) (2)
10:58am Street / Commercial (7 years and under) (3)	4:11pm Broadway Jazz Duo/Trio (Open) (2)
11:04am Street / Commercial (9 years and under) (6)	4:16pm Tap Duo/Trio (Open) (1)
11:16am Street / Commercial (11 years and under) (6)	4:21pm Lyrical Duo/Trio (14 years and under) (2)
11:28am Champion Dancer (9 years and under) (2)	4:26pm Lyrical Duo/Trio (Open) (4)
11:32am Awards. Top 5 soloists and highest Scoring Solos, Champ Dancer results,	4:41pm Contemporary Duo/Trio (Open) (2)
11:52am Jazz Solo (13 years and under) (1)	4:46pm Acro Duo/Trio (Open) (3)
11:55am Jazz Solo (Open) (1)	4:56pm Street/Commercial Duo/Trio (14 years and under) (2)
11:58am Jazz (No Tricks) Solo (13 years and under) (1)	5:01pm Street/Commercial Duo/Trio (Open) (3)
12:01pm Jazz (No Tricks) Solo (Open) (3)	5:11pm Street/Commercial Small Group (5 years and under) (1)
12:09pm Broadway Jazz / Musical Comedy Solo (15 years and under) (2)	5:16pm Street/Commercial Small Group (7 years and under) (1)
12:14pm Broadway Jazz / Musical Comedy Solo (Open) (1)	5:21pm Street/Commercial Large Group (12 years and under/14 years and under) (2)
12:17pm Tap Solo (15 years and under) (1)	5:31pm Street/Commercial Large Group (16 years and under) (1)
12:20pm Lyrical Solo (Open) (2)	5:36pm Jazz Small Group/Jazz Large Group (14 years and under) (2)
12:25pm Lyrical (No Tricks) Solo (15 years and under) (4)	5:46pm Jazz Large Group (16 years and under) (1)
12:35pm Lyrical (No Tricks) Solo (Open) (2)	5:51pm Broadway Jazz Large Group (9 years and under) (1)
<b>12:40pm Break</b>	5:56pm Broadway Jazz Small Group/Broadway Jazz Large Group (14 years and under/16 years and under) (2)

**Session 1 - Saturday 29th March (continued)**

6:06pm Lyrical Large Group (9 years and under/12 years and under) (2)  
6:16pm Lyrical Large Group (14 years and under) (1)  
6:21pm Lyrical Small Group/Lyrical Large Group (16 years and under) (2)  
6:31pm Song & Dance Large Group (7 years and under) (1)  
6:36pm Song & Dance Large Group (9 years and under) (1)  
6:41pm Contemporary Small Group (14 years and under) (1)  
6:46pm Contemporary Small Group/Contemporary Large Group (16 years and under) (2)  
6:56pm Open Large Group (14 years and under) (1)  
7:01pm Open Small Group (16 years and under) (2)  
7:11pm Acro Large Group (12 years and under) (1)  
7:16pm Acro Large Group (14 years and under) (1)  
7:21pm Open Large Group (16 years and under) (1)  
7:26pm Highest Scoring Junior and Senior Troupes